



# DID YOU KNOW?



Approximately 10-15% of all women will experience postpartum depression (PPD), postpartum anxiety (PPA), or postpartum psychosis (PPP) in the weeks or months following childbirth.



To read more about these illnesses, click [here](#).

To take a postnatal depression mental health screening, click [here](#).

If you think you may be suffering from PPD, PPA, or PPP, or if you are concerned about a family member or co-worker, please reach out to KGA to speak with a counselor 24/7. Help and treatment are available. All services are fully **confidential** and provided at no cost to you.

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Contact KGA at [harvardeap.kgreer.com](http://harvardeap.kgreer.com), phone: 877-327-4278, or by email at [info@kgreer.com](mailto:info@kgreer.com).

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