

LEAVE OF ABSENCE RESOURCES

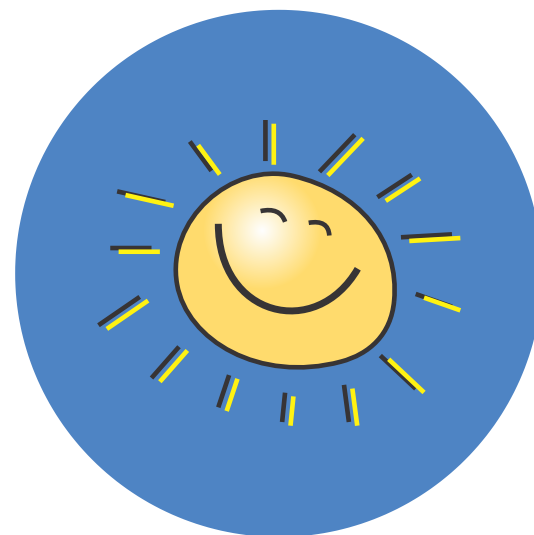
Harvard University and HLS recognize a leave of absence can be a challenging time. Harvard provides access to a variety of supportive resources. Explore your options below:



**HARVARD'S
EMPLOYEE
ASSISTANCE
PROGRAM (EAP)***



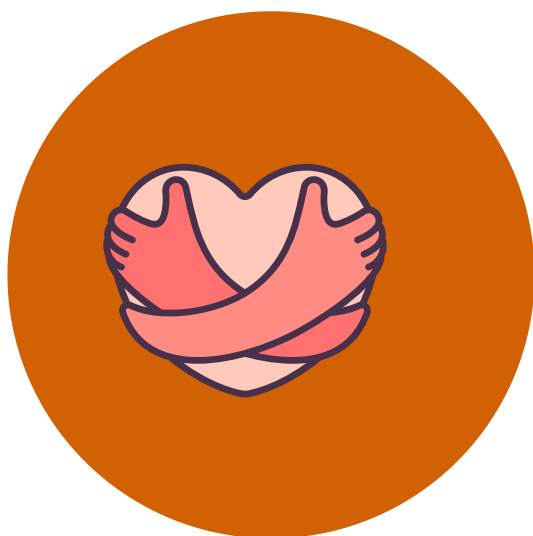
MINDFULNESS*



**TEN-PERCENT
HAPPIER APP***



**CARING FOR
ELDERS AND
OTHER ADULTS***



**CARING FOR
YOURSELF**



**HARVARD UNIVERSITY
COUNSELING &
MENTAL HEALTH
SERVICES**



**HARVARD UNIVERSITY
HEALTH SERVICES
BEHAVIORAL HEALTH**



**HARVARD UNIVERSITY
HEALTH SERVICES**



MILITARY SUPPORT



**UNIVERSITY
OMBUDSMAN OFFICE**



**UNIVERSITY DISABILITY
RESOURCES**



**EMPLOYEE RESOURCE
GROUPS**