

CAMHS WELCOMES HLS STUDENTS...we are here to help...

IMPORTANT PHONE NUMBERS

CAMHS 617-495-2042 BUSINESS DAYS 8AM TO 6PM

AFTER-HOURS URGENT CARE 617-495-5711

The CAMHS website provides lots of information
and patient portal access:

www.camhs.huhs.harvard.edu

**In CAMHS we provide services at no cost,
all by telemedicine via harvardhipaa.zoom:**

- Initial Consultations
- Short-term, solution-focused Individual Therapy
- Psychiatric Medication Evaluations
- Ongoing Medication Management
- Groups and Workshops
- Urgent Care and Consultation 24/7
- Community Referral Coordination

CAMHS Services are private and confidential: CAMHS follows all applicable medical privacy and confidentiality regulations and laws. CAMHS does not share any information with anyone--including anyone at HLS--without your written permission. No one in HLS or any organization or agency can access any information about services you receive from CAMHS without your written permission (and your HLS academic record or transcript never includes any information from CAMHS).

"CAMHS" is Counseling and Mental Health Services at HUHS. We are ~ 40 licensed clinicians...and we are people of color, BGLTQ, immigrants, first-gen, and single-parents, from many different ethnicities, cultures and belief affiliations. We speak a variety of languages including Spanish, Farsi, Chinese dialects, Portuguese, French and German. We are social workers, psychologists, licensed mental health counselors, psychiatrists and clinical nurse specialists, and we commit ourselves, professionally and personally, to both words and actions of anti-racism in an effort to support the mental health and well-being of all Harvard students.

HARVARD THRIVING CAMPUS REFERRAL DATABASE: www.huhs.thrivingcampus.com

ANONYMOUS AND CONFIDENTIAL ON-LINE SCREENING IS AVAILABLE AT
<https://screening.mentalhealthscreening.org/harvard-university-health-service-counseling-and-mental-health-service>