

SUPPORT RESOURCES FOR CLINICAL AND SPO STUDENTS

Harvard University Counseling & Mental Health Services

Offers Harvard students comprehensive outpatient care for a wide variety of mental health concerns, such as anxiety, depression, stress/crisis management, transitional issues, grief, eating, and sexual or relationship concerns. Students do not need a referral from your primary care physician to make an appointment with Counseling and Mental Health Services.

Contact: 617-495-2042 or log into the **Patient Portal** to schedule an initial telephone consultation.

Expedite appointment by asking the HLS Dean of Students office to make a referral.

www.huhsmentalhealthreferrals.com for those wishing to seek care outside of HUHS and in the surrounding community.

HLS Dean of Students Office

Contact Lakshmi Clark-McClendon, Director of Student Services for disability or illness related accommodations for classes and exams; and any other questions or emergencies.

Contact: 617. 496. 2437 | lclark@law.harvard.edu

Lawyers Concerned for Lawyers

Free and confidential lawyer assistance program for attorneys and law students in Massachusetts. Can also help with state bar admission questions, and other concerns.

(lclma.org/students)

For short-term individual consultations:

Contact Barbara Bowe, LICSW at 1-800-LCL-0210 or barbarab@lclma.org

Peer Recovery Support Groups, Wed. 7:30 am – 8:15 am, 1585 Mass Ave, WCC 3008 in the 12-step tradition (anonymous), for lawyers and law students in or seeking recovery from alcohol/drug problems.

HLS Student Mental Health Association

Provides support and community at the student level. SMHA works to incorporate discussions about mental illness in the daily life on campus, raising awareness of what mental illness means for those who live with it, as well as what resources already exist through Harvard University and the HLS Dean of Students Office. **(orgs.law.harvard.edu/smha)**

Law Lifeline

An online mental health resource specifically for law school students. **(lawlifeline.org)**

Harvard University Emergency Contact Information

Mental Health Clinic: 617-495-2042 | After Hours Urgent Care: 617-495-5711